



# LIGHTHOUSE SPA

*Massage & Wellness*



## SKIN CARE

### CLEAN START FACIAL

A mini facial that includes extraction for those who need more clarity or clean start to your day.

45 min | \$100

### CLASSIC SPA FACIAL

A facial filled with multi-vitamins to replenish your face, neck and décolleté. Balancing, cleansing, nourishing and relaxing.

60 min | \$125

### TAHOE ANTI-AGING FACIAL

A lot more attention to your skins vitality and specific areas of concern, includes BTMicro.

90 min | \$175

### FACIAL ADD-ONS

BTMicro Ultrasonic \$15

LED Light Therapy \$15

Microdermabrasion \$15

Warm Infrared BodyWrap \$15

MultiVitamin Hand Repair \$15

Waxing Services | Please View Website

## HEALING ARTS

**HEALTH CONSULTATION** 60 min \$100

**PANCHA KARMA CLEANSE** 7 days \$500

**ASTROLOGY READING** 60 min \$100

**MEDITATION INSTRUCTION** 45 min \$75

## MASSAGE THERAPY

### THERAPEUTIC MASSAGE

60 min \$110 | 90 min \$165 | 120 min \$220

A combination of techniques customized to provide relaxation, ease muscle fatigue and increase your circulation.

### DEEP TISSUE MASSAGE

60 min \$110 | 90 min \$165 | 120 min \$220

A deep pressure massage focusing on specific muscles to relieve discomfort, muscle spasms and overuse injuries.

### PRENATAL MASSAGE

60 min \$110 | 90 min \$165 | 120 min \$220

A certified therapist trained in prenatal massage to help you and your baby relax. Face down pillows available upon request.

### HOT STONE MASSAGE

60 min \$125 | 90 min \$180 | 120 min \$235

Warm your soul with smooth heated stones from the shores of Lake Tahoe are used to warm your muscles and melt away stress.

### COUPLES MASSAGE (for two)

60 min \$240 | 90 min \$350 | 120 min \$460

Share a room and your massage experience together in beautiful Lake Tahoe.



### MASSAGE ADD-ONS

Aromatherapy Oil \$10

Warm Infrared BodyWrap \$15

All Natural Face Massage 15 min | \$35

Reflexology Foot Massage 15 min | \$35

CBD Oil \$40 300mg | CBD Cream \$80 2000mg